

PROGRAM INFORMATION 2018-2019

Alpine Skiing

Dry Land: October 15, 2018 – November 26, 2018

Mondays: 7:00pm – 8:00pm

Calgary Jewish Centre, 1607 – 90 Ave SW

Skiing: December 3, 2018 – February 24, 2019

Canada Olympic Park, 88 Canada Olympic Road SW

Sundays

Development: 9:30am – 11:30am **Fee: \$100**

Intermediate/Advanced: 9:30am–1:00pm **Fee: \$130**

NOTE: Ski Rentals are not included. There is no place to store equipment at the hill. Skis must be brought to each program or rented at facility.

Athletics (Track and Field)

Fee: \$40

Novice/Intermediate:

Indoor: April 8 – 29, 2019

Mondays 6:30pm – 8:00pm

Huntington Hills Community Centre, 520 78 Ave NE

Outdoor: May 6, 2019 – June 24, 2019

Mondays: 6:30pm - 8:00pm

Calgary Rotary Challenger Park, 3688 – 48 Ave NE

Advanced:

Indoor: March 4, 2019 – April 29, 2019

Mondays: 6:30pm – 8:00pm

Calgary Jewish Center, 1607 – 90 Ave SW

Outdoor: May 6, 2019– June 24, 2019

Mondays: 7:00pm – 8:30pm

Glenmore Athletic Park, 5300 – 19th Street SW

Basketball

Development: **Fee:\$40**

April 3, 2019 – June 5, 2019

Wednesdays: 6:30pm – 8:00pm

King George Elementary, 2108 10 Street NW

Novice: **Fee:\$40**

April 3, 2019 – June 5, 2019

Wednesdays: 6:30pm – 8:00pm

Chief Justice Milvain School, 3428 – 42 St NE

Intermediate: **Fee:\$50**

March 13, 2019 – June 19, 2018

Wednesdays: 7:00pm – 8:30pm

Don Hartman North East Sportsplex, 5206 – 68 St NE

Advanced: **Fee:\$50**

March 5, 2018 – June 25, 2018

Mondays: 6:30pm – 8:00pm

TBD

5 Pin Bowling

Fee: \$140

North:

October 13, 2018 – March 16, 2019

Saturdays: 12:00pm – 2:00pm

Bowling Depot #146, 5255 McCall Way NE

South

October 13, 2018 – March 16, 2019

Saturdays: 1:00pm – 3:00pm

Paradise Lanes, 3411-17 Ave SE

Chinook

CHINOOK 1:

October 13, 2018 – March 16, 2019

Saturdays: 11:00am – 1:00pm

Chinook Mall Bowladrome, 6455 Macleod Trail South

CHINOOK 2 (YOUTH 8-17 YRS):

October 13, 2018 – March 16, 2019

Saturdays: 1:30pm – 3:30pm

Chinook Mall Bowladrome, 6455 Macleod Trail South

NOTE: Only Bowling Depot is wheelchair accessible.

10 Pin Bowling

Fee: \$100

October 13, 2018 – March 23, 2019

10:00am – 12:00pm

Let's 10 Pin Bowlarama, 2916 – 5 Ave NE

Bocce

Fee: \$30

April 20, 2019 – June 29, 2019

Saturdays: 10:00am – 11:30am

Tuxedo Park Community Centre, 202 – 29th Ave NE

Cross Country Skiing

Fee: \$60

Dry Land Training:

October 20, 2018 – November 24, 2018

Saturdays: 9:00am – 10:30am

Foothills Academy, 745 – 37 Street NW

Skiing:

December 1, 2018 – February 23, 2019

Saturdays: 9:30 – 11:30am

Calgary Location Confederation Park Golf course.

NOTE: Ski Rentals are not included.

Curling Fee: \$30

Development/Novice/Intermediate/Advanced

October 14, 2018 – March 24, 2019

Sundays: 3:30pm – 5:30pm

Calgary Winter Club, 4611 – 14 St NW

Figure Skating

Recreational (Learn to Skate): Fee: \$100

October 28, 2018 – March 24, 2019

Dates and Times TBD

Competitive: Fee: \$130

Includes Skate Canada Membership.

October 28, 2018 – March 24, 2018

Dates and Time TBD

Floor Hockey Fee: \$90

Youth (8-17):

October 3, 2018 – February 27, 2019

Wednesdays: 7:00pm – 8:30pm

Calgary Jewish Centre, 1607 – 90 Ave SW

Development:

October 3, 2018 – February 27, 2019

Wednesdays: 7:00pm – 8:30pm

Calgary Jewish Centre, 1607 – 90 Ave SW

Novice:

October 3, 2018 – February 27, 2019

Wednesdays: 6:30pm – 8:30pm

Don Hartman North East Sportsplex, 5206 – 68 St NE

AND Cecil Swanson Elementary School,

4820 Rundlewood Dr. NE

Intermediate:

October 3, 2018 – February 27, 2019

Wednesdays 7:00pm – 8:30pm

Hillhurst-Sunnyside Community Centre, 1320 – 5 Ave NW

AND Foothills Academy, 745 – 37 St NW 6:30pm – 8:30pm

Golf

Development Lessons 1: Fee: \$30

May 7, 2019 – May 28, 2019

Tuesdays: 7:00pm – 8:30pm

Eaglequest Golf Dome at Fox Hollow, 1025 – 32 Ave NE

Development Lessons 2: Fee: \$30

June 4, 2019 – June 25, 2019

Tuesdays: 7:00pm – 8:30pm

Eaglequest Golf Dome at Fox Hollow, 1025 -32 Ave NE

NOTE: Individuals can only sign up for ONE set of lessons.

Golf cont.

Youth (8-17): Fee: \$70

May 7 – June 25, 2019

Tuesdays: 7:00pm – 8:30pm

Eaglequest Golf Dome at Fox Hollow, 1025-32 Ave NE

Intermediate: Fee: \$70

May 1 – June 26, 2018

Tuesdays: 7:00pm – 8:30pm

Eaglequest Golf Dome at Fox Hollow, 1025-32 Ave NE

AND TBD

Advanced: Fee: \$70

May 1 – June 26, 2018

Tuesdays: 7:00pm – 8:30pm

McKenzie Meadows Golf Club 17215 McKenzie Meadows

DR SE

AND TBD

Powerlifting Fee: \$85

March 7, 2019 – June 27, 2019

Wednesdays: 6:00pm – 8:30pm

Location: Renegade Training Centre 232-2880 45 Ave SE

NOTE: Program is split into two groups in the timeframe

Rhythmic Gymnastics Fee: \$50

March 6, 2019 – June 26, 2019

Wednesdays: 7:00pm – 8:30pm

Calgary Jewish Centre, 1607 – 90 Ave SW

NOTE: Program is split into two groups in the timeframe

Snowshoeing Fee: \$40

October 28, 2018 – February 24, 2019

Sundays: 12:30pm – 2:00pm

Glenmore Athletic Park, 5300 – 19th Street SW

Soccer Fee: \$50

Youth/Development/Novice/Intermediate/Advanced

Indoor: April 4 – 25, 2019

Thursdays: 7:00pm – 8:30pm

Location TBD.

Outdoor: May 2, 2019 – June 27, 2019

Thursdays: 7:00pm – 8:30pm

Huntington Hills Soccer Field, 320-64 Ave NW

Softball

Fee: \$60

Development (T-Ball):

Indoor: April 7, 2019 – May 12, 2019

Sundays: 10:00am – 11:30am

Absolute Baseball Academy, 2221 Crowchild Trail NW

Outdoor: May 26, 2019 – June 30, 2019

Sundays: 10:00am – 11:30am

Bridgeland Riverside Diamond,

McDougall Road & 11th St NE

Novice:

Indoor: April 7, 2019 – May 12, 2019

Sundays: 10:00am – 12:00pm

Absolute Baseball Academy, 2221 Crowchild Trail NW

Outdoor: May 26, 2019 – July 21, 2019

Sundays: 9:30am – 11:15am

Huntington Hills Community Centre, 520 78 Ave NW

Intermediate:

Indoor: April 7, 2019 – May 12, 2019

Sundays: 12:00pm – 2:00pm

Absolute Baseball Academy, 2221 Crowchild Trail NW

Outdoor: May 26, 2019 – July 28, 2019

Sundays: 11:30am – 1:15pm

Huntington Hills Community Centre, 520 78 Ave NW

Advanced:

Indoor: April 7, 2019 – May 12, 2019

Sundays: 12:00pm – 2:00pm

Absolute Baseball Academy, 2221 Crowchild Trail NW

Outdoor: May 26, 2019 – July 28, 2019

Bridgeland Riverside Diamond,

MacDougall Road & 11 St NE

NOTE: The advanced program may run on either Saturday or Sunday depending on schedule.

Speed Skating

Fee: \$125

October 15, 2018 – February 11, 2019

Mondays: 6:00pm – 7:00pm

Rocky Ridge YMCA 11300 Rocky Ridge Rd NW

NOTE: Athletes must be able to skate on speed skates – no rentals available

Swimming

Fee: \$85

Youth (8-12 yrs)

November 6, 2018 – March 26, 2019

Tuesdays: 7:00pm – 8:30pm

Vecova Recreation Centre, 3304 – 33rd St NW

Novice:

Fee: \$85

Athletes must be able to do a front and back glide for 10m.

November 7, 2018 – March 27, 2019

Wednesdays: 6:30 – 8:00pm

Inglewood Pool, 1527 17 Ave SE

Intermediate:

Fee: \$100

Athletes must be able to swim a minimum of 25m.

November 6, 2018 – April 16, 2019

Tuesdays: 6:30pm – 8:30pm

SAIT Pool, 1301 -16 Ave NW

Advanced:

Fee: \$100

Athletes must be able to swim a minimum of 50m.

November 8, 2018 – April 18, 2019

Thursdays: 6:30pm – 8:30pm

SAIT Pool, 1301 – 16 Ave NW

NOTE: Program offered is NOT Red Cross or Lifesaving Society certified swim lessons. Intermediate and Advanced levels will be split into two groups in the timeframe.

YOUNG ATHLETES (AGES 2-8)

Active Start (Ages 2-5)

ONE SESSION ONLY

Fee: \$50

February 3, 2019 – May 12, 2019

Sundays: 9:30am – 10:30am

Renfrew Educational Services, 2050 – 21 Street NE

FUNDamentals (Ages 6-8)

ONE SESSION ONLY

Fee: \$50

February 3, 2019 – May 12, 2019

Sundays: 10:45am – 12:00pm

Renfrew Educational Services, 2050 – 21 St NE

HEALTH & WELLNESS

Health & Wellness

Individuals can sign up for one or both sessions.

Session 1 (Fitness):

Fee: \$30

November 15, 2018– March 21, 2018

Thursdays: 6:30 – 8:00pm

ATB Financial Corporate Campus, 3599 – 63 Ave NE

Session 2 (Walk/Run):

Fee: \$30

April 16, 2019 – June 18, 2019

Tuesdays: 6:30 – 8:00pm

Calgary Curling Club, 720 – 3 St NW

•PROGRAM CANCELLATIONS•

Program cancellations will be posted on our website (www.specialolympicscalgary.ca) and on the Special Olympics Calgary social media pages. You may also call the cancellation hotline 403-735-1022 ext. 225.

Athletes will receive a notification from either their head coach or the SOC office letting them know that the program is cancelled.

Programs are subject to cancellation in the following weather conditions:

- Temperatures below -30°C, including wind chill, for indoor programs
- Temperatures below -20°C or above +30°C for outdoor programs

The decision to cancel programs will be at the discretion of the office, in consultation with the head coach. Programs may also be cancelled due to unsafe driving conditions. Safety is our utmost priority.

Any situations arising that compromise the safety or wellbeing of athletes, volunteers, or staff are the responsibility of the supervisor in charge.

•IMPORTANT DATES•

September 8	Program Payment Day
October 6- 8	Thanksgiving Weekend NO PROGRAMS
October 16	Breakfast with Champions
November 10-12	Remembrance Day Weekend NO PROGRAMS
December 20 - January 4	Christmas Holidays NO PROGRAMS
February 8,9,10	Provincial Winter Games NO PROGRAMS
February 16-18	Family Day Weekend NO PROGRAMS
April 19 – April 22	Easter Weekend NO PROGRAMS
May 18 - 20	Victoria Day Weekend NO PROGRAMS
June 24	Golf Classic
June 29- July 1	Canada Day Weekend NO PROGRAMS

SPECIAL OLYMPICS CALGARY HEAD OFFICE

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